

Senior Adult Oncology Study Day

Monday 30th September 2024

Audience:

The study day is aimed at doctors, nurses, allied health care professionals and pharmacists working with cancer patients. Training conferences are created for professionals. If you are a patient or a carer and require information on cancer and ageing, please consult your Clinical Nurse Specialist for more information.

Aims:

Cancer is a disease of ageing, and its management may be more complex in older individuals. This study day will aim to discuss the rationale for an integrated and comprehensive oncogeriatric care approach for older adults diagnosed with cancer and how this can be implemented in various settings and highlight the role of multiple professions to optimize outcomes for this population. The study day will draw on expertise from our patients as well as colleagues from medical, nursing, allied healthcare and pharmacy professions, along with specialists in medical oncology, palliative care and psychology.

Cost:

£80 per delegate

Venue:

**The Royal Marsden Education and
Conference Centre**

Chelsea, Stewart's Grove, London SW3 6JJ

Register:

<https://www.royalmarsden.nhs.uk/senior-oncology>

Get in touch:

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Programme

- 08:30** **Coffee & Registration**
- 09:00** **Welcome and Introduction**
Dr. Nicolò M. L. Battisti, Medical Oncologist, Senior Adult Oncology Programme Clinical Lead, SIOG President
The Royal Marsden NHS Foundation Trust
Kay Bell, Lecturer Practitioner, The Royal Marsden School
- SESSION 1** **INTRODUCTION TO GERIATRIC ONCOLOGY**
Chair: Dr. Nicolò M. L. Battisti, Consultant Medical Oncologist, Senior Adult Oncology Programme Clinical Lead, SIOG President, The Royal Marsden NHS Foundation Trust
- 09:05** **Geriatric Oncology: Precision Oncology for Older Adults with Cancer**
Dr. Nicolò M. L. Battisti, Medical oncologist, Senior Adult Oncology Programme Clinical Lead
The Royal Marsden NHS Foundation Trust, SIOG President
- 09:25** **KEYNOTE LECTURE: Clinical Implementation in Geriatric Oncology 101: How do I start?**
Tania Kalsi, Consultant Geriatrician
Geriatric Oncology Liaison Development (GOLD), Guy's and St Thomas' NHS Foundation Trust, London
- 09:45** **Q&A Session**
- 10:05** **Break**
- SESSION 2** **COMPREHENSIVE MULTIDISCIPLINARY CARE FOR OLDER ADULTS WITH CANCER**
Chair: Dr. Nicolò M. L. Battisti, Consultant Medical Oncologist, Senior Adult Oncology Programme Clinical Lead, SIOG President, The Royal Marsden NHS Foundation Trust
- 10:25** **My Role As A Clinical Nurse Specialist And Project Lead**
Anne Barrell, Senior Adult Oncology Clinical Nurse Specialist and Project Lead
The Royal Marsden NHS Foundation Trust
- 10:45** **Bone Metastases in Older Adults with Cancer: Challenges and Opportunities**
Hannah Furness, Senior Adult Oncology Programme Physiotherapist and Rehabilitation Lead
The Royal Marsden NHS Foundation Trust
- 11:05** **The Importance Of Early Nutritional Screening And Intervention**
Megan Pattwell, Senior Adult Oncology Programme Dietitian
The Royal Marsden NHS Foundation Trust
- 11:25** **Break**
- 11:45** **Optimising Function: Cognition and Older Adults with Cancer**
Jane Murphy, Senior Adult Oncology Programme Occupational Therapist
The Royal Marsden NHS Foundation Trust
- 12:05** **Empowerment Through Partnership: Therapeutic Education for Older Cancer Patients**
Vanya Slavova-Boneva, Senior Adult Oncology Programme Pharmacist
The Royal Marsden NHS Foundation Trust
- 12:25** **Older Adults With Cancer; The Association Between Sarcopenia And Dysphagia**
Carly Brooks, Senior Adult Oncology Programme Speech and Language Specialist
The Royal Marsden NHS Foundation Trust
- 12:35** **Q&A Session**
- 12:55** **A Lunch & Exhibition Networking Session**
- SESSION 3** **ADDRESSING THE COMPLEX NEEDS OF OLDER ADULTS WITH CANCER**
Chair: Kay Bell, Lecturer Practitioner, The Royal Marsden School
- 13:35** **Interdisciplinarity in Supportive Care in Older Individuals with Cancer**
Jayne Wood, Consultant Palliative Medicine Palliative Care team
The Royal Marsden NHS Foundation Trust
- 13:55** **Managing Psychological Distress in Older Adults with Cancer**
Lisa Stewart PLN/ANP and Justin Grayer
Adult Psychology Support Service
The Royal Marsden NHS Foundation Trust
- 14:15** **Considerations on Welfare Support for Older Adults with Cancer**
Robert Mandelstam, Welfare Benefit Advisor at The Maggie's Centre, UK
Syed Miah, Welfare Benefit Advisor at The Maggie's Centre, UK
- 14:35** **The patient's perspective**
Raymond Gardner
- 14:55** **Q&A Session**
- SESSION 4** **MDT SESSION**
Chair: Anne Barrell, Senior Adult Oncology Clinical Nurse Specialist and Project Lead The Royal Marsden NHS Foundation Trust
- 15:15** **Discussion of two clinical cases**
- 16:15** **Closing Remarks**
Dr. Nicolò M. L. Battisti and Kay Bell

